

# MARCEI 2023

### Elementary Lunch Menu

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#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Fiestada Pizza
OR Chicken/Cheese Quesadilla
Salsa Cup, Sour Cream
Refried Beans
Corn
Peach Cups
Frozen Sidekicks
Milk

Chicken Patty Sandwich
OR Fish Sandwich
Lettuce, Tomato, Onion, Pickles
Mac and Cheese, Baked Beans
Carrots and Celery with Dip
Peach Cups
Frozen Sidekicks
Milk

Beef and Cheddar Sandwich OR Pulled Pork BBQ Sandwich Curly Fries Green Beans Celery with Dip Peach Cups Frozen Sidekicks Milk

Mini Corn Dogs Mac and Cheese Pickle Spear Green Beans Celery with Dip Peach Cups Frozen Sidekicks Milk

Fiestada Pizza
OR Cheese Quesadilla
Salsa Cup, Sour Cream
Refried Beans
Corn
Peach Cups
Frozen Sidekicks
Milk

Chicken Tenders
OR Fish Sticks
Tater Tots
Green Beans
Mini Biscuit
Pear Cups
Fresh or Dried Fruit
Milk

Chicken Nuggets

Mac and Cheese

Pickle Spears

Mini Biscuit

Pear Cups

Hamburger

Milk

Corn, Baked Beans

Fresh or Dried Fruit

OR Cheeseburger

Crinkle Cut Fries

Fresh or Dried Fruit

Baked Beans

**Chicken Tenders** 

Fresh or Dried Fruit

**OR Fish Sticks** 

Tater Tots

Green Beans

Mini Biscuit

Pear Cups

Milk

Pear Cups

Milk

Lettuce, Tomato, Onion, Pickles

Beef Nachos
OR Soft Taco
Shredded Cheese, Sour Cream
Lettuce, Tomato, Onion, Salsa
Black Beans, Corn
Pear Cups
Fresh or Dried Fruit
Milk

Spaghetti with Meat Sauce
OR Chicken Alfredo
Garlic Breadstick
Glazed Carrots
Garden Salads
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

Chicken Drumstick with Roll OR Turkey/Ham and Cheese Sub Lettuce, Tomato, Onion, Pickles Mashed Potatoes and Gravy Green Beans Pineapple Tidbits Strawberry or Mixed Berry Cups Milk

Rotini with Meat Sauce and Garlic Breadstick OR Mini Cheese Calzones with Marinara Sauce Cup Glazed Carrots, Garden Salads Pineapple Tidbits Strawberry or Mixed Berry Cups Milk

3 or 4 Way Chili Spaghetti Shredded Cheese, Diced Onions Oyster Crackers Kidney Beans Glazed Carrots Pineapple Tidbits Strawberry or Mixed Berry Cups

Spaghetti with Meat Sauce
OR Chicken Alfredo
Garlic Breadstick
Glazed Carrots
Garden Salads
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

Confetti Pancakes Sausage Patties Syrup Cup Smile Fries Veggie Boats with Dip Baked Apples Fresh or Dried Fruit Milk

Hot Dog
OR Cheese Coney
Shredded Cheese, Diced Onions
Crinkle Cut Fries
Veggie Boats with Dip
Mandarin Oranges
Fresh or Dried Fruit
Milk

Tangerine Chicken
OR Teriyaki Beef
Brown Rice, Steamed Broccoli
Carrots with Dip
Mandarin Oranges
Fresh or Dried Fruit
Fortune Cookies
Milk

Cheese Pizza
OR Pepperoni Pizza
Steamed Broccoli
Garden Salads
Mandarin Oranges
Fresh or Dried Fruit
Milk

Confetti Pancakes Sausage Patties Syrup Cup Smile Fries Veggie Boats with Dip Baked Apples Fresh or Dried Fruit Milk Grilled Cheese
OR Cheesy Flatbread
Tomato Soup, Pickle Spear
Garden Salads
Oyster Crackers
Applesauce
Strawberry or Mixed Berry Cups
Milk

NO SCHOOL

Mini Strawberry Cream Bagels
OR Mini Cinnamon Rolls
Scrambled Eggs
Smile Fries
Veggie Boats with Dip
Baked Apples
Strawberry or Mixed Berry Cups

Mini French Toast
OR Mini Waffles
Syrup Cup, Scrambled Eggs
Smile Fries
Veggie Boats with Dip
Baked Apples
Strawberry or Mixed Berry Cups

Grilled Cheese
OR Cheesy Flatbread
Tomato Soup, Pickle Spear
Garden Salads
Oyster Crackers
Applesauce
Strawberry or Mixed Berry Cups

## **News**Alternate Meal Options

\*Milk and choice of fruits and vegetables offered daily with all alternate meal options\*

PB&J Grab & Go
PB&J Uncrustable, cheese stick,
Goldfish crackers

Yogurt Grab & Go
Yoplait yogurt cup, cheese stick,
Goldfish crackers and pretzels

Turkey or Ham Lunchable
Turkey or Ham, cheese stick,
Goldfish crackers and pretzels

\*Meat options not offered on Fridays\*

\*Menu subject to change by product availability\*

\*This institution is an equal opportunity employer\*